

THE FARM VISIT

JULY/AUGUST
2024

PLANTING SEEDS,
GROWING IDEAS,
HARVESTING SUCCESS

CAIP AG GRANTS AVAILABLE - DUE POSTMARKED JULY 12

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“Summer is the time to showcase agriculture in Morgan County.”

Our days and evenings will be filled with many events including mornings at the Farmers Market, livestock shows, Market in the Park, and county/state fair prep for adults & 4-H youth.

In addition to providing platforms to display livestock and produce, these activities build community and celebrate people. Come join us to rekindle some memories or start your new tradition!



*Sincerely,
Sarah Fannin*

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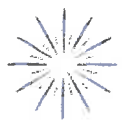
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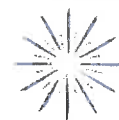
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CAIP Grants Available - Due July 12th



The Morgan County Agricultural Investment Program (CAIP) is being offered once again for farmers. These grants provide cost share assistance to individual producers to help diversify their agricultural operations and increase net farm income.

The grants are locally administered by the Morgan County Fiscal Court and the Morgan County Agricultural Development Board. The Morgan County Cooperative Extension Service provides farmer support and educational meetings required to fulfill the grant requirements. The Kentucky Agricultural Development Board oversees the statewide program and establishes all program rules.

Applications are available at the Extension Educational Center, County Judge's office and local farm stores. They must be returned via mail - postmarked by July 12 - no hand delivered copies will be accepted.

Funding categories include: Ag Diversification, AgTech & Leadership Development, Large Animal, Small Animal, Farm Infrastructure, Fencing & On Farm Water, Forage & Grain Improvement, Innovative Agricultural Systems, On Farm Energy, Poultry & Other Fowl, and Value Added & Marketing. Guidelines for these categories can be found at www.kyagr.com/agpolicy.

For more information, contact Vanessa Elam at 743-9797 or the Morgan County Extension Service at 743-3292 or sfannin@uky.edu.

Watermelon Salsa

- | | |
|------------------------------------|--------------------------------|
| 2 cups chopped seedless watermelon | ½ cup chopped red pepper |
| 1 cup fresh blueberries | ½ teaspoon garlic salt |
| 1 cup chopped cucumber | 1 teaspoon lime juice |
| ½ cup chopped onion | 2 tablespoons balsamic vinegar |

Combine watermelon, blueberries, cucumber, onion and pepper in large serving bowl. Sprinkle with garlic salt. Toss to coat. Stir in lime juice and balsamic vinegar. Cover and chill one hour.

Yield: 10, ½ cup servings
Nutritional Analysis:
 25 calories, 0 g fat, 0 mg cholesterol, 50 mg sodium, 7 g carbohydrate, 1 g fiber, 5 g sugar, 1 g protein.



Buying Kentucky Products is easy. Look for the label at your grocery store, farmers' market, or roadside stand.

Kentucky Watermelon

SEASON: July to September

NUTRITION FACTS: Watermelon contains a variety of nutritional benefits for minimal calories. A 2 cup serving provides 90 calories and 25% Daily Value for vitamin C and 30% Daily Value for vitamin A. Watermelon also contains phytochemicals that foster heart health and good vision, boosts the immune system and reduces the risk of some cancers.

SELECTION: Choose melons with a well-rounded shape and smooth surface. They should be heavy and firm. The underside should be a creamy yellow color. The flesh should be deep red with mature, dark seeds.

STORAGE: Cut melon can be stored in the refrigerator and covered with plastic for two to three days. Uncut melon will keep in a cool place for up to two weeks.

PREPARATION: Uncut melons should be washed with cool running water. The flavor of the melon is best when served cold and raw.

KENTUCKY WATERMELON

Kentucky Proud Project
County Extension Agents for Family and Consumer Sciences
University of Kentucky, Dietetics and Human Nutrition students
June 2015

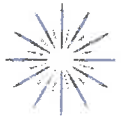
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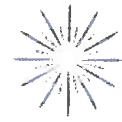


Source: www.fruitsandveggiesmatter.gov





FARMERS MARKET NEWS



Farmers Market Grand Opening Event Thursday July 11th!

Located at Kiwanis Tredway park, the Morgan County Farmers Market will be hosting a grand opening Thursday from 9 am to noon.

All products of the Market are Morgan County grown and developed. In addition to fresh vegetables, there will be herbs, eggs, jams and other items available for purchase.

Highlights of the grand opening include a door prize basket valued at \$50, free totes for the first 50 in attendance, and informational materials from the Extension office. Also, this will be the first day for Double Dollars to be distributed to Ky WIC and Senior Farmers Market Nutrition program participants.

New this year, the market will be open on the first Saturday of the month. Traditional days and hours of Tuesdays and Thursdays from 9 am to noon will continue.

The Morgan County Farmers Market, which began in 1998, hosts eight farm families. They will be selling a wide variety of products including tomatoes, beans, potatoes, sweet corn, cabbage, cucumbers, squash, herbs, microgreens, eggs, honey, jams, jellies, and baked items throughout the season.

The Morgan County Farmers Market plays a vital role in our local food system both economically and nutritionally. Not only do farmers receive income, many seniors and WIC recipients obtain additional access to healthy foods via the Ky Farmers Market Nutrition program.

Sponsors for this year's Farmers Market includes City of West Liberty Tourism, CFA Double Dollars program, Extension District Board, Kiwanis, Morgan County Soil Conservation, Morgan County Farm Bureau and Mt Telephone.

For more information, check out the Morgan County Farmers Market Facebook page or contact the Morgan County Extension office at 743-3292 or sfannin@uky.edu.



Morgan County Extension Service

Upcoming Events & Programs

- July 3rd – Senior Citizen Food Pantry
- July 4th- Closed for Independence Day
- July 6th- Farmers Market-soft opening @ Kiwanis-Tredway Park from 9am to Noon
- July 8th- Beekeeper's Meeting 6pm
- July 9th – Farmers Market 9am to Noon @ Kiwanis-Tredway Park
4-H Shooting Sports @ 6:30pm
- July 11th - 4-H Sewing Day Camp 10am-3pm
Farmers Market 9am to Noon @ Kiwanis-Tredway Park- Double Dollars Distribution & Grand Opening
- July 12th-Postmark Deadline for CAIP Ag Grants
Farmers Market 9am to Noon @ Kiwanis-Tredway Park
4-H Shooting Sports @ 6:30pm
- July 13th- 4-H Archery Tournament 8:00am
- July 16th- Farmers Market 9am to Noon @ Kiwanis-Tredway Park
4-H Shooting Sports @ 6:30pm
- July 18th- Farmers Market 9am to Noon @ Kiwanis-Tredway Park
4-H Shooting Sports @ 6:30pm
Cooking Through the Calendar 5pm
- July 22nd – Savor the Flavor- Cooking with Oils 11am-Noon
County Fair Exhibit Preparation Class 5pm
Cut Flower Class 6:30pm
- July 23rd- Farmers Market 9am to Noon @ Kiwanis-Tredway Park
4-H Shooting Sports @ 6:30pm
CEC Meeting 5:30pm
- July 25th- Farmers Market 9am to Noon @ Kiwanis-Tredway Park & Veggie Bucks Distribution
4-H Shooting Sports @ 6:30pm
- July 27th- Morgan County 4-H/FFA Open Livestock Show @ the Morgan County Fairgrounds 9am
- July 29th- Cut Flower Tour of Farm Girl Flower's Farm 6:30pm
- July 30th- Farmers Market 9am to Noon @ Kiwanis-Tredway Park & Veggie Bucks Distribution
4-H Shooting Sports @ 6:30pm
- August 3rd-Market in the Park @ Old Mill Park 9am to 2pm
- August 6th- Morgan County Agricultural Fair- Exhibit Entries Accepted 5pm-7pm
Farmers Market 9am to Noon @ Kiwanis-Tredway Park- Customer Appreciation
- August 8th- Morgan County Agricultural Fair Exhibit Reception 5pm
Photos will be taken & Winners of the Garden Contest will be announced.
4-H Rabbit & Poultry Show 6pm.
Farmers Market 9am to Noon @ Kiwanis-Tredway Park-Farm Bureau Day

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University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Council, Cooperative.

Lexington, KY 40506



Disabilities
accommodated
with prior notification.

HOW TO WIN THE BLUE - PREPARING EXHIBITS FOR THE MORGAN COUNTY FAIR

MONDAY, JULY 22, 5PM
MORGAN CO. EXTENSION OFFICE



Receive **FREE ADMISSION TICKETS** to the 2024 Kentucky State Fair for attending this class and entering county fair exhibits on August 6th. Preregistration encouraged by calling 606-743-3292 or emailing sfannin@uky.edu. Tickets are limited!

EVER WONDERED WHAT MAKES A WINNING ENTRY AT THE COUNTY FAIR? GET THE INSIDE SCOOP, PLUS FAIR CATALOG AND PRE ENTRY TAGS!

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MORGAN COUNTY AGRICULTURAL FAIR EXHIBITS

Morgan County Extension Service
1002 Prestonsburg Street
West Liberty, KY 41472

Show off your talents & skills!
Premium Money for Winners!
Categories Include:
4-H Projects,
Farm Products,
Vegetable Displays,
Sewing,
Baking,
Food Preservation,
Photography,
Woodworking,
Plants
& Flower Arrangements

County Fair Exhibit Preparation Class:
July 22nd @ 5pm

Entries Accepted:
August 6th
5pm-7pm

Exhibit Showcase:
August 7 & 8
8am - 4:30pm

County Fair Exhibit Reception:
August 8 @ 5pm

Garden Contest Winners will be announced!
Photos will be taken with your exhibits!
4-H Rabbit & Poultry Show to follow @ 6pm

For More Information Call 606-743-3292 or
Email: sfannin@uky.edu, kim.lane@uky.edu or nbkn222@uky.edu

ALL ages are encouraged to enter!



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MORGAN COUNTY FARMERS MARKET

Cooperative Extension Service



CALENDER OF EVENTS

- Soft Opening July 6, 9 am-Noon
- Grand Opening July 11, 9 am-Noon
- Veggie Bucks for youth, July 25th & 30th
- Double Dollar distribution for SFMNP & WIC July 11, 9am-Noon
- Market in the Park at Old Mill Park, August 3rd, 9 am-2 pm
- August 6 - Customer Appreciation Day
- August 8 - Morgan Co. Farm Bureau Day

Thank you to our Sponsors!



Regular Days & Hours

Tuesdays & Thursdays, 9 a.m. - noon

First Saturday of each month, 9 a.m. - noon

@ Kiwanis Tredway Park
672 Glenn Ave
West Liberty, KY 41472

For more information
call 606-743-3292 or
email sfannin@uky.edu

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MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT



Sat, August 3, 2024 Market in the Park



The market features over 40 artisans/craftspeople, Farmers Market growers and bakers to showcase the best in local! Facebook @marketinparkwl

SATURDAY | 9AM to 2PM | Old Mill Park, West Liberty, KY



JULY IS CUT FLOWER MONTH IN KENTUCKY

We will be celebrating some of Morgan County's own commercial cut flower growers on Monday, July 22 at 6:30pm. How to use and display Cut Flowers will be taught by Jerrica Dalton of Paint Creek Farms and Debbie Melvin of Melvin Family Farm. Participants will leave with their own arrangement! You must pre-register for this class by calling 606-743-3292. Class is limited to 30 participants.

Monday, July 29th at 6:30pm- Tour Farm Girl Flowers owned and operated by Debbie Wilson. Please pre-register for this tour by calling 606-743-3292. Spaces are limited for Extension Van. It will leave Extension Office parking lot at 6pm.



**Jerrica Dalton
Paint Creek Farm**



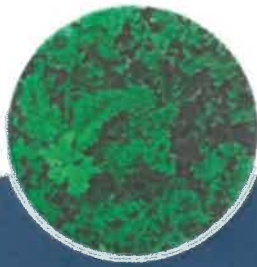
**Debbie Wilson
Farm Girl Flowers**



**Debbie Melvin
Melvin Family Farm**



**Courtney Jenkins
Worth The Wages Farm**



GET READY FOR YOUR FALL GARDEN!

Want to extend your harvest into fall? July is the prime time to plant fall favorites like broccoli, kale, and corn! Learn more secrets to fall gardening in Extension Publication ID-128!

VEGETABLE	DATE OF PLANTING	HARVEST
Beets	July-Mid August	October
Broccoli	July-August	September-November
Carrots	July-August	November
Collards	July-August	October-November
Kale	July-August	September-November
Rutabaga	July- Mid August	October-November
Sweet Corn	July	September

An Equal Opportunity Organization.



Weather Alert App
Weather Alert
University of Kentucky
Designed for iPad
★★★★★
Free

Weather Alert

SCAMP Kentucky

100+ Downloads Everyche D

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UK LAUNCHES NEW "WEATHER ALERT" SMARTPHONE APP

Lexington, Ky.— In a move to boost weather-related awareness and agricultural decision-making, the University of Kentucky Ag Weather Center, in partnership with the UK Department of Biosystems and Ag Engineering, UK Center for Computational Sciences and the Southeastern Center for Agricultural Health and Injury Prevention (SCAHIP), has announced the launch of "Weather Alert." The smartphone application aims to serve both Kentucky's farming community and other residents by providing critical weather updates and forecasts.

"We know how tough it can be to keep up with the weather," said Matt Dixon, UK senior meteorologist with the Martin-Gatton College of Agriculture, Food and Environment. "That's why we made Weather Alert as simple and straightforward as possible. It doesn't have any frills, just the info you need."

The app's first phase, now complete, offers a user-friendly design with access to current and forecasted weather data, high-resolution radar and timely warning and watch alerts. Users can receive alerts tailored to their specific GPS location or other designated areas, enhancing their ability to make informed management and production decisions.

"As we move into the next phases, the app will incorporate advanced tools from the Ag Weather Center to provide a GPS-enabled, county-by-county agricultural weather product tailored to the needs of the Bluegrass State and beyond," Dixon said. "The focus will then shift towards enhancing disaster readiness capabilities in its subsequent phase, maintaining a county-centric approach."

Weather Alert is available at no cost and free from advertisements, ensuring a seamless and efficient user experience.

"The Weather Alert app has provided real-time weather information for our extension agents, producers, families and communities to make decisions and be proactive with weather-related events," said Laura Stephenson, associate dean and director of the Kentucky Cooperative Extension Service. "We encourage everyone, especially those in agricultural sectors, to download this free app to stay prepared and informed about weather conditions."

While primarily designed for Kentucky, Weather Alert can be used nationwide.

The app creators encourage feedback and invite users to send their suggestions and comments to weather.alert@uky.edu as they continue to develop and refine it.

Weather Alert is available for download on iOS and Android, with plans to expand to other platforms.

To download via iOS, visit <https://apple.co/3wN3645>

To download via Android, visit <https://bit.ly/4dUyxdq>

The development of Weather Alert was made possible through Smith-Lever/Land Grant Engagement funding, support from SCAHIP, and the UK Department of Biosystems & Ag Engineering.

Writer: Jordan Strickler, jstrickler@uky.edu

Return Service Requested

CAIP AG GRANTS AVAILABLE - DUE POSTMARKED JULY 12

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SOIL CONSERVATION DISTRICT TO OFFER FREE SOIL TESTING TO MORGAN COUNTY FARMERS

The Morgan County Conservation District is excited to begin another program that will be paying for up to 3 soil tests for farmers in Morgan County. Stop by the Soil Conservation District at 955 Prestonsburg St., West Liberty, KY at the USDA Service Center for vouchers and soil test bags. Soil samples can be dropped off to the Morgan Co. Cooperative Extension Service to be submitted to the UK laboratory for analysis. These test can be for hay, pasture, gardens and agronomic crops such as corn, soybeans, wheat and tobacco.

